



# A TASTE OF AFRICAN HERITAGE

## COOKING WITH CULTURE

Sayre Health Center, alongside of Oldways' *A Taste of African Heritage* are partnering up to bring the community a class to teach, discuss and demonstrate nutritional and cultural traditions, and cooking within the African heritage.

Dr. Bennett L. Johnson, Jr.



Join Us in Learning  
How To Cook and  
Eat In The African  
Culture In A  
Healthy Way!

Every Monday @  
11AM!

Sayre Health  
Center

59<sup>th</sup> and Locust  
Entrance @ the  
rear of Sayre High  
School

**FREE To ALL!**

## SAYRE HEALTH CENTER

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